



ST. MARY'S CO-ED SCHOOL, HARDA

ACADEMIC YEAR [2020-21]

CLASS- VI

SUBJECT- MORAL SCIENCE

CHAPTER- 1

HANDLING PEER PRESSURE.

**\* Summary \***

Peer pressure is a feeling that you have to do something to fit in to be accepted, or to be respected and it can be tough to deal with. Handling peer pressure is usually not that difficult if you are only surrounded by people whose values, preferences, and behaviours are similar to yours. However, in a school/college environment, it's very likely that you will meet people with a wide variety of attitudes and behaviours. At times, it is good to know where you stand and act accordingly, but at other times, you might feel confused, pressured, or tempted to act against your own judgment. Peer pressure can be positive or negative. When peer pressure is positive, it pushes you to be your best. Negative peer pressure is when someone who is a friend or part of a group you belong to makes you feel that you have to do something to be accepted. It's the negative peer pressure that we usually think of when the phrase peer pressure is used. When you give in to negative peer pressure, you often feel guilty or disappointed with yourself for acting in a way that goes against your beliefs or values.

**EXERCISES**

A. Complete the following sentences.

1. During school days we face Challenges.
2. During difficult times, our peers encourage us to work hard, help us with our studies and empathise with us.
3. Friends also help us by providing us with a challenge which is needed to do well in life.
4. Influence of peers can be both good and bad for us.
5. Plan and be prepared for a situation where you could face pressure.

B. Answer the following questions.

1. Why was Arav keen to make most of his college days?

Answer:- Arav was very eager in studies and wanted to use most of the time in studies.

2. How did he spend his free time?

Answer:- Whenever there was time at hand he would sit in the library or read at college canteen.

3. What did the group of friends tell Arav?

Answer:- A group of friends in his class felt that college was a time to enjoy life. They would often bunk classes and ride to a shopping mall nearby to pass time.

4. Why was Arav clear in his belief?

Answer:- He did not want to enjoy life by doing things that were considered fun. But he knew that he was on right path. So he was always polite with them and told them firmly that he believed that this was the only time they had to carve a future for themselves.

5. Why did this group of friends come around?

Answer:- Arav was very keen to make the most of time in college. His friends missed out of this opportunity which they would not get ahead in life. After a while, this group come around and started taking a little more interest in their studies.

