

Exercises

Keep Clean

Wash your hands.



before and after meals



after using the toilet



after touching a pet



after playing



after returning from school

Tick what you use to keep yourself clean.



Q1) write any four (4) things that you use to keep yourself clean.

Answers : (1) Soap, (2) Comb, (3) Nail cutter, (4) Tooth brush

Q2) Fill in the blanks.

1) Wash your hands before and after _____.

2) Always wear clean _____.

3) Brush your _____ twice in a day.

4) Cut your _____ once in a week.

5) Comb your _____ everyday.

Answers: 1) meals, 2) clothes, 3) teeth, 4) nails, 5) hair

