



Q1. Fill in the blanks

1. Brain is found inside the head
2. The bones and muscles give shape to our body
3. The tongue helps us to taste.
4. The lungs supply oxygen to the body.
5. The heart pumps blood to the whole body
6. When the light goes off at night and it's dark I feel scared
7. When someone breaks my toy I feel angry
8. When I win a race I feel happy

Q2. Tick (✓) the correct option:

1. We grow _____ with age.
(a) younger (b) **taller** (c) smaller
2. An activity that we enjoy doing in our free time is _____.
(a) story (b) dislike (c) **hobby**
3. we feel different _____ like happiness, sadness, anger at different times.
(a) **emotions** (b) hobby (C) unique
4. The brain help us to _____.
(a) breath (b) **think** (c) digest (d) none of these
5. The food gets into the _____.
(a) brain (b) **stomach** (c) lungs (d) kidneys
6. _____ is not a sense organ.
(a) nose (b) Eye (c) tongue (d) **heart**

Q3. Match the columns

- | | |
|----------|--------|
| 1. Nose | smell |
| 2. Eyes | see |
| 3. Lungs | breath |

4. Brain think
5. Hand write
6. Stomach digest food
7. Bones gives shape to body
8. Hobby activity we enjoy in our life free time
9. Anger emotion

Q4 State true (T) or false (F)

1. we all are born as babies. (T)
2. We all have feelings. (T)
3. You feel angry whenever your mother prepares your favourite dish. (F)
4. We have five sense organs. (T)
5. All the people enjoy doing same activities. (F)
6. A child feels happy when he/ she gets hurt. (F)
7. Our body is made up of sense organs. (F)

Q5 Answer the following question:

1. How can you stay fit and healthy?

Ans. We can stay fit and healthy by taking care of our body.

2. How do kidneys keep our body clean?

Ans. The kidneys filter our blood and throw the waste out.

3. How is brain useful to us?

Ans. Brain helps us to think and feel. It controls the movements of the body.

4. Write three things that you enjoy doing.

Ans. I enjoy reading, dancing and singing.

5. Name any three emotions that we feel.

Ans. We feel happy, sad and angry.

Q6. Identify the body part and write its functions.

Body part

Name

Functions



kidneys

filters our blood



Eyes

help us to see



Ear

help us to hear



Tongue

help us to taste

